

Pandemic

Intercare has a pandemic plan that is based on Alberta Health Services (AHS) standards and pandemic plans. The plan is regularly reviewed and updated.

In 2020, a worldwide Pandemic of COVID-19 was declared which has changed many Infection Prevention and Control (IPC) measures in Continuing Care. IPC changes are ongoing and Intercare works hand in hand with AHS to meet the needs of our residents, patients, their families/loved ones and the community.



CONTINUING CARE HOMES

Brentwood Care Centre

Continuing Care Home - Type A
2727-16th Avenue NW
Calgary, Alberta T2N 3Y6
Phone: (403) 289-2576

Chinook Care Centre

Continuing Care Home - Type A
1261 Glenmore Trail SW
Calgary, Alberta T2V 4Y8
Phone: (403) 252-0141

Southwood Care Centre

Continuing Care Home - Type A
211 Heritage Drive SE
Calgary, Alberta T2H 1M9
Phone: (403) 252-1194

Kingsland Terrace

Continuing Care Home - Type B
835 - 68 Avenue SW
Calgary, Alberta T2V 0N2
Phone: (403) 291-0499

References

Adapted from:

Brenda Strafford Foundation Ltd.
"You Can Prevent the Spread of Infection"

AHS
"Hand Hygiene Policy and Procedure"

Intercare strives to protect residents, patients, visitors and staff from infections.

Please protect yourself and help us to protect our residents, patients, visitors and staff... Wash your hands frequently.



Brentwood Care Centre

Chinook Care Centre

Southwood Care Centre

Kingsland Terrace

Hand Washing

- Before preparing, serving and eating food
- Before and after providing personal care to anyone
- After using the toilet
- After sneezing, coughing or blowing your nose **(Remember to always cover your cough or sneeze by coughing / sneezing into the crook of your elbow versus into your hands)**
- After handling garbage
- After removing gloves

A circular illustration showing two hands being washed with white soap suds under a stream of blue water. The background is a solid blue circle.

Germs are invisible!
So... when in doubt,
wash your hands!

How to Use Alcohol-based Hand Rub

- ## How to Wash Your Hands

How to Wash Your Hands

- ## General Rules to Help Protect your Health and the Health of our Residents / Patients

- Self-isolate if you're feeling sick and don't visit
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face
- Get your annual influenza vaccination
- Get your Covid-19 vaccination

Outbreaks

There are several different causes of Outbreaks:

- Covid-19
- Influenza
- Gastro Intestinal
- Antibiotic Resistant Organisms (ARO)
- Other infections

The infections noted above can be spread easily. As such, during an Outbreak the following may happen at the site including, but not limited to:

- Visiting may be restricted;
- Group, social and rehabilitation activities may be temporarily cancelled;
- Hair dressing at the site's hair salon may be cancelled and the salon may be closed temporarily.
- Visitors may be required to take special precautions when visiting a loved one i.e. wearing a gown or mask. (Staff will advise visitors what is required).

If the care unit where yours or your loved one's room is located is experiencing an outbreak, all visits should avoid communal (common) spaces.

