

A Plan to Create an Optimum Balance of
Services and Partnerships to Support
Seniors in the Community

Community Consultation

August 2001

Appendices



Health Service Solutions *Associates, Inc.*

Management Consulting

Calgary, Alberta

The Calgary Health Region/Intercare Advisory Committee

Membership

- Public Health Nurse and Senior Resource Nurse,
Haysboro Community Health Center
- Home Care Coordinator
- Director, Supported Living Services
- Director, Seniors' Health
- Director, Home Care
- Director, Healthy Communities
- Director, Primary Health
- Regional Director, Intercare Corporate Group Inc.
- Consultant, Intercare

Calgary Health Region/Intercare Advisory Committee

Meeting - December 19, 2000
Wintergreen Room, Centre 15

Agenda

1. Review of Intercare Southwood Community Consultation project
2. Complementary projects in the area
3. Geographical Area of Study
4. Calgary Health Region involvement in project
5. Availability of reference information and documents

Communications Plan

INTERNAL STAKEHOLDER	MESSAGE	VENUE/MEDIUM	DATE
Southwood Staff	Description/Role	Staff meeting	Nov/Dec, 2000
Intercare Directors of Care	Description/Role	Letter/E-mail to Directors of Care; Regional Director/ Directors of Care Meeting	December, 2000
Southwood Medical Physicians	Description/Role	Continuing Care Physicians' meeting	December, 2000

EXTERNAL COMMUNICATION	MESSAGE	VENUE/MEDIUM	DATE
CHR - <u>Supportive Living</u> Lorne Robertson - <u>Home Care</u> Barb Korabek Linda MacDonald Brian Watt - <u>Healthy Communities</u> Catherine Pryce Jan Slater - <u>Seniors Health</u> Barb Howson	Description/Role Updates to the process	Letter/E-mail/Meetings	December, 2000 and ongoing monthly. Meeting December 19, 2001
CHR - Haysboro Community Health Centre, Manager Marg Gilbertson	Description/Role Participation in community consultation	Letter/E-mail Letter/Phone	December 19, 2000 February/ March 2001
Presidents, Community Associations Seniors' Associations/ Groups	Description/Role Participation in Community consultation	Community Association/Group meeting Letter to President	November 2000 February/ March, 2001
Ministers/Local churches	Description/Role	Letter	Feb/March 2001
City of Calgary - Community and Neighbourhood Services: Elaine Stringer Wendy Taylor Guy Beavers	Description/Role	Meeting	December 18, 2000 and ongoing
Karen Kryczka, M.L.A. Calgary – West Constituency, also Chair of the Seniors Advisory Council for Alberta	Description/Role	Letter	February 2001

Community Associations

- **Acadia**
President Al Weiler
240 - 90 Avenue S.E.
Calgary AB T2J 6P6
- **Canyon Meadows**
President Jack Milne
523 Canterbury Place S.W.
Calgary AB T2W 2G2
- **Chinook Park/Kelvin Grove/Eagle Ridge**
President Richard St. Pierre
1015 – 73 Avenue S.W.
Calgary AB T2V 0R9
- **Fairview**
President Donna Wynnychuk
8038 Fairmount Drive S.E.
Calgary AB T2N 0Y1
- **Haysboro**
President George Aronyk
1204 - 89 Avenue S.W.
Calgary AB T2V 0W4
- **Kingsland**
President Dean Shatenkirk
7511 - 5 Street S.W.
Calgary AB T2V 1B7
- **Southwood**
President Wade Baldwin
11 Sackville Drive S.W.
Calgary AB T2W 0W3
- **Willowridge**
President Ken Carter
680 Acadia Drive S.E.
Calgary AB T2J 0C1

Letter to Community Associations

January 11, 2001

[Name of President Community Association]
[Name of Community Association]
[Address of Community Association/Group]
[Calgary, Alberta]
[Postal Code]

Dear [Name of President],

As a member of the community I am writing to make you aware of the recent initiatives with Intercare Southwood Care Centre. Intercare Southwood Care Centre in partnership with Calgary Regional Health Authority (CRHA) provides long-term care services to people in the Calgary region. Intercare Southwood Care Center was successful in a bid with CRHA for a major care center renovation, including the addition of 55 care center beds. The care center beds will be complete April 2001.

The new renovation to Intercare Southwood Care Center has created additional space for community services. We are approaching seniors' associations/groups in the area for their input towards the development of a community service plan for the additional space on the south-east end of the care center. It is important the community services of the care center meet the needs of the citizens of the community.

If you would be interested in further information please don't hesitate to call. It is wonderful to have the opportunity to work together for the benefit of the citizens of the community.

Thank-you.

Sincerely,

Oriel Morrison
Regional Administrator
Intercare Corporate Group Inc.

Intercare Southwood Care Centre
211 Heritage Drive S.E., Calgary, Alberta T2H 1M9
Phone: 403-252-1194 - Fax: 403-253-0393

Local Churches

- **St. Cecilia's Roman Catholic Church**
321 - 90 Avenue S.E.
Calgary AB T2J 0A1
- **Southwood United church**
10690 Elbow Drive S.W.
Calgary AB T2W 1G4
- **St. Andrew's United Church**
924 Heritage Drive S.W.
Calgary AB T2V 2W7
- **St. Andrew's Presbyterian Church**
703 Heritage Drive S.W.
Calgary AB T2V 2W4
- **St. Peter's Anglican Church**
903 - 75 Avenue S.W.
Calgary AB T2V 0S7
- **St. Gerard's Roman Catholic Church**
8944 Elbow Drive S.W.
Calgary AB T2V 1L2

Letter to Local Churches

February 1, 2001

[Name of local church]]
[Address of local church]
[Calgary, Alberta]
[Postal Code]

Dear Sir or Madam,

As a member of the community I am writing to make you aware of the recent initiatives with Intercare Southwood Care Centre. Intercare Southwood Care Centre in partnership with Calgary Regional Health Authority (CRHA) provides long-term care services to people in the Calgary region. Intercare Southwood Care Center was successful in a bid with CRHA for a major care center renovation, including the addition of 55 care center beds. The care center beds will be complete April 2001.

The new renovation to Intercare Southwood Care Center has created additional space for community services. We are approaching seniors' associations/groups in the area for their input towards the development of a community service plan for the additional space on the south-east end of the care center. It is important the community services of the care center meet the needs of the citizens of the community.

If you would be interested in further information please don't hesitate to call. It is wonderful to have the opportunity to work together for the benefit of the citizens of the community.

Thank-you.

Sincerely,

Oriel Morrison
Regional Administrator

*Intercare Southwood Care Centre
211 Heritage Drive S.E., Calgary, Alberta T2H 1M9
Phone: 403-252-1194 - Fax: 403-253-0393*

Seniors' Groups

- **Fish Creek Seniors**

2425 – 90 Avenue S.W.
Calgary AB T2V 4X8

President Jack Holmes
Telephone: (403) 281-6002
(Effective April 2001, new President: Grant Madin, Tel: (403) 258-1633)

- **Haysboro 50 Plus Group**

Haysboro Community Hall
1204- 89 Avenue S.W.
Calgary AB T2V 0W4

President Rena Balleine
Telephone: (403) 255-4263

- **Heritage Seniors**

St. Andrew's Presbyterian Church
703 Heritage Drive S. W.
Calgary AB T2V 2W4

President: John Young

- **Ogden House Senior Citizens Club**

2102-69 Avenue South East
Calgary AB T2C 3Y4

Coordinator: Judi Livermore
Telephone: (403) 279-2003

- **Southwood Seniors Group**

44 Kendall Place S.W.
Calgary AB T2V 2J5

President John Mallinson

Letter to Seniors' Groups

November 6, 2000

[Name of President Seniors' Association/Group]
[Name of Seniors' Association/Group]
[Address of Seniors' Association/Group]
[Calgary, Alberta]
[Postal Code]

Dear [Name of President],

It was a pleasure to speak to you by phone [day of week and date]. Intercare Southwood Care Centre is pleased to have the opportunity to have the input of the [name of community association/group] in defining organizational services to meet the needs of the community. As discussed I will participate in your upcoming [association/group] meeting [day of week and date and time].

Intercare Southwood Care Centre in partnership with Calgary Regional Health Authority (CRHA) provides long-term care services to people in the Calgary region. Intercare Southwood Care Center was successful in a bid with CRHA for a major care center renovation, including the addition of 55 care center beds.

The new addition to Intercare Southwood Care Center has created the opportunity for additional space for community services. The input of the [Name of community association/group] is greatly appreciated to the development of a community service plan for the additional space on the south-east end of the care center. It is important the community services of the care center meet the needs of the citizens of the community.

Thank-you and I look forward to seeing you [day of week and date].

Sincerely,

Oriel Morrison
Regional Administrator
Intercare Corporate Group Inc.

*Intercare Southwood Care Centre
211 Heritage Drive S.E., Calgary, Alberta T2H 1M9
Phone: 403-252-1194 - Fax: 403-253-0393*

Letter of Confirmation to Seniors' Group

February 27, 2001

[Name of President Seniors' Association/Group]
[Name of Seniors' Association/Group]
[Address of Seniors' Association/Group]
[Calgary, Alberta]
[Postal Code]

Dear [Name of President],

It was a pleasure to have the opportunity to meet this month with seniors connected with your association/group. Intercare Southwood Care Centre respects the input of the seniors in defining organizational services to meet the needs of the community.

Intercare Southwood Care Centre in partnership with Calgary Regional Health Authority (CRHA) provides long-term care services to people in the Calgary region. Intercare Southwood Care Center will be opening 55 care center beds April 2001.

This new addition to Intercare Southwood Care Center has created the opportunity for additional space for community services. It is important the community services of the care center meet the needs of the citizens of the community.

I would be pleased to attend a future meeting of the [Name of senior association/group] to provide an update to the planning. I can be reached at the phone number listed below.

Thank-you and I look forward to seeing you again in the future.

Sincerely,

Oriel Morrison
Regional Administrator
Intercare Corporate Group Inc.

*Intercare Southwood Care Centre
211 Heritage Drive S.E., Calgary, Alberta T2H 1M9
Phone: 403-252-1194 - Fax: 403-253-0393*

Letter to Karen Kryczka, Chair, Seniors Advisory Council for Alberta

February 15, 2001

Ms. Karen Kryczka, M.L.A
Calgary – West Constituency
Chair, Seniors Advisory Council For Alberta
3863 – 17th Avenue South West
Calgary, Alberta T3E 0C3

Dear Ms. Karen Kryczka,

As a member of the community I am writing to make you aware of the recent initiatives with Intercare Southwood Care Centre. Intercare Southwood Care Centre in partnership with Calgary Regional Health Authority (CRHA) provides long-term care services to people in the Calgary region. Intercare Southwood Care Center was successful in a bid with CRHA for a major care center renovation, including the addition of 55 care center beds. The care center beds will be complete April 2001.

The new renovation to Intercare Southwood Care Center has created additional space for community services. We are approaching seniors' associations/groups in the area for their input towards the development of a community service plan for the additional space on the south-east end of the care center. It is important the community services of the care center meet the needs of the citizens of the community.

If you would be interested in further information please don't hesitate to call. It is wonderful to have the opportunity to work together for the benefit of the citizens of the community.

Thank-you.

Sincerely,

Oriel Morrison
Regional Administrator
Intercare Corporate Group Inc.

*Intercare Southwood Care Centre
211 Heritage Drive S.E., Calgary, Alberta T2H 1M9
Phone: 403-252-1194 - Fax: 403-253-0393*

Letter to Dr. Paddy Quail, Medical Director, Intercare

January 14, 2001

Dr. Paddy Quail
Medical Director
Intercare Corporate Group Inc.
Calgary, Alberta

Dear Paddy,

This letter is in follow-up to our discussion regarding the community consultation project at Intercare Southwood Care Centre. Your initiative to disseminate information on this project with the other physicians providing service within Intercare Southwood Care Center is greatly appreciated.

As you are aware Intercare Southwood Care Center was successful in a bid with CRHA for a major care center renovation, including the addition of 55 care center beds. The additional 55 beds to be open spring 2001.

The new addition to Intercare Southwood Care Center has created the opportunity for additional space for community services. The input of the physicians and community associations/groups through consultation is greatly appreciated to the development of a community service plan for the additional space on the south-east end of the care center. It is important the community services of the care center meet the needs of the citizens of the community.

Intercare Southwood Care Centre has engaged the services of Monica E. Kohlhammer, Principal Health Service Solutions Associates, Inc. to assist in the development and implementation of a plan for community consultation. The outcome of the community consultation is to identify enhanced services in meeting the needs of the community and build community relationships with Southwood Care Centre.

The steps in the process include (1) collect baseline data of communities within the surrounding area of Southwood Care Center (2) develop a communication plan (3) contact the President of the community associations/groups within the area and request participation by the Regional Director (Oriell Morrison) in an upcoming association/group meeting in January 2001 (4) extend an invitation to members of the community association/groups to participate in future community consultations (5) extend an invitation to physicians to participate in a future consultation meeting in February 2001 (6) hold community consultations February/March 2001 and (7) circulate final report to key stakeholders April 2001.

The above information outlines the plan for Intercare Southwood Care Centre, in partnership with the community, to determine services and programs for the additional space on the south-east end of the care center. I believe the strength of our organization is in the physicians, staff, volunteers and community relationships we steward and build. For Intercare Southwood Care Centre, in partnership with Calgary Regional Health Authority, this provides an opportunity to work together for excellence in health.

If you should have any questions please don't hesitate to call.

Sincerely,

Oriell Morrison
Regional Director
Intercare Corporate Group Inc

Community Stakeholder

The City of Calgary,
Community and Neighbourhood Services

- Elaine Stringer, BSW, RSW
Community Development Worker
Neighbourhood Services South #100
Community & Neighbourhood Services
The City of Calgary
P.O. Box 2100, Station M
Calgary AB T2P 2M5

Telephone: (403) 974-1961
- Guy Beavers
Community Recreation Coordinator
Neighbourhood Services South #100
Community & Neighbourhood Services
The City of Calgary
P.O. Box 2100, Station M
Calgary AB T2P 2M5

Telephone: (403) 221-3538
- Wendy Taylor
Seniors Community Development Worker
Senior Services #104
Community & Neighbourhood Services
The City of Calgary
P.O. Box 2100, Station M
Calgary AB T2P 2M5

Telephone: (403) 974-3131

Community Stakeholders

YMCA

- Judi Rechner,
Seniors Director,
YMCA
11 Haddon Road
Calgary, AB T2V 2X8

Telephone: (403) 255-8131

Community Stakeholder

Elderly Friendly Communities Project

- Debra Hartley, MSW, RSW
Project Co-ordinator
Elder Friendly Communities Project
C/o. University of Calgary
Faculty of Social Work
Professional Faculties Building
Room 3216
2500 University Drive N.W.
Calgary AB T2N 1N4

Telephone: (403) 220-8099
E-mail: djhartley@ucalgary.ca

Community Consultation

Questions
February, 2001

Seniors

1. To begin, let us go around the table and have you briefly introduce yourself. Tell us your first name and how long you have lived in the area?

2. In relation to your health, what issues are most important to you?
 - Are there other issues not necessarily related to health that are important to you?

3. What services do you use now?
 - Are these services adequate enough to help you deal with the issues that are important to you?
 - What services do you need to help you deal better with these issues?

4. Can you share some of your experiences using services outside of the traditional medical system with providers like acupuncturists, herbal doctors, and chiropractors?
 - What made you decide to use these services?

Community Consultation

Questions
February 2001

Families

1. To begin, let us go around the table and have you briefly introduce yourself. Tell us your first name and a little bit about the family member you care for?

2. What services are most important for your loved ones?

3. Now I would like to talk about you as a caregiver. In relation to your own health as a family caregiver, what issues are most important to you?

4. What services would be most helpful to you in dealing with these issues?

Community Consultation

Questions
February 2001

Physicians

1. To begin, let us go around the table and have you briefly introduce yourself. Tell us your name and a little bit about your practice?

2. Based on your experience and current practice, what are the major health needs of your senior patients?

3. How do you think current services for Seniors are working in your area?
 - What is working well?
 - What are your major frustrations?

4. What are the main barriers in services for these patients?
What are the main gaps in services for these patients?

5. What changes are needed to improve the health of your senior patients?

Community Consultation

Evaluation

Families

What did you like most about the meeting?

What did you like least about the meeting?

Would you participate in future meetings like this one hosted by Intercare Southwood Care Centre? Yes _____ No _____ if no why?

THANK-YOU FOR TAKING THE TIME TO SHARE WITH US YOUR THOUGHTS AND IDEAS. IT HAS BEEN GREATLY APPRECIATED!

Intercare Corporate Group Inc.

Information Sheet

Intercare Corporate Group Inc. (Intercare) is an Alberta-based company, providing health and life enrichment services in continuing care. Intercare was incorporated in November 1992 when it purchased three continuing care centers in Calgary; Southwood, Brentwood and Chinook, totaling 389 beds. The president of Intercare is Mr. David Ail and the Regional Director is Oriel Morrison.

Our Commitment

Our commitment is to provide quality health and life enrichment services to maintain and enhance the quality of life for the residents. The expansion of Intercare continues as we strive to grow with the needs of our community. Currently Intercare is in a growth pattern that will see an increase in the number of long-term care beds and new and innovative programs, designed with the Calgary Health Regional Authority, for the senior population.

Vision

We are the best choice for innovative community care services.

Purpose

To provide quality continuing care services by qualified individuals in an environment that promotes dignity, choice and growth.

Values

Respect *honoring each other as individuals through communication and participation*
Compassion *responsive to the needs of others*
Commitment *responsible and accountable for the services we provide*

Partnerships

Alberta Government
Calgary Regional Health Authority
Alberta Long Term Care Association
Educational Institutions e.g. Bow Valley College
Community groups and organizations

Care Centers

Southwood Care Center 120 beds with construction for an additional 55 beds
and a community area for future senior programs.
Expected completion date March 31, 2001.

211 Heritage Drive, **South East**
Calgary, Alberta T2H 1M9

For more information please contact:

Jean Dueck, Director of Care
Tel: 430-252-1194 Fax: 403-253-0393
E-mail: jdueck@intercarecorpgroup.com

Chinook Care Center 149 beds
1261 Glenmore Trail, **South West**
Calgary, Alberta T2V 4YB

For more information please contact:

Lorraine Nygard, Director of Care
Tel: 403-252-0141 Fax: 403-553-0292
E-mail: lnygard@intercarecorpgroup.com

Brentwood Care Center 120 beds
2727 16th Avenue **North West**
Calgary, Alberta T2N 3Y6

For more information please contact:

Pat Morris, Director of Care
Tel: 403-289-2576 Fax: 403-282-7027
E-mail: pmorris@intercarecorpgroup.com

Thank-you for your time and the opportunity to share information related to Intercare Corporate Group Inc. If you should have any general comments/questions, I can be reached at 403-252-1194.

Oriel Morrison, Regional Director, Intercare Corporate Group Inc.

Intercare – Service Delivery Blueprint

David Ail, President
Oriel Morrison, Regional Director 403-252-1194

Intercare Brentwood Care Centre	Intercare Chinook Care Centre	Intercare Southwood Care Centre
2727 – 16 th Avenue, NW Calgary, AB, T2N 3Y6	1261 Glenmore Trail S.W. Calgary, AB, T2V 4Y8	211 Heritage Dr. S.E., Calgary, AB, T2H 1M9
Pat Morris, Director of Care Tel: 403-289-2576 Fax: 403-282-7027 Pmorris@intercarecorpgroup.com	Lorraine Nygard, Director of Care Tel: 403-252-0141 Fax: 403-253-0292 Lnygard@intercarecorpgroup.com	Jean Dueck, Director of Care Tel: 403-252-1194 Fax: 403-253-0393 Jdueck@intercarecorpgroup.com
120 care centre beds	149 care centre beds	120 care centre beds plus 57 additional.
		#square feet for community programming
Clinical Services/Programs Current	Clinical Services/Programs Current	Clinical Services/Programs Current
<ul style="list-style-type: none"> • Basic Care • Dementia Care • Chronic Physical Care • Chronic Mental Illness • Frail Elderly • Respite Care- Intermittent (as beds available) • Palliative Care • Rehabilitation programs e.g. post surgery • Intravenous Services • Oxygen Therapy • Education - resident 	<ul style="list-style-type: none"> • Basic Care • Care of Cognitive Disabilities & Dementia's requiring behavioral interventions • Frail Elderly • Respite Care-Intermittent (as beds available) • Palliative Care • Rehabilitation programs e.g. post-surgical • Intravenous Services • Oxygen Therapy • Education - resident • Aging Developmentally handicapped 	<ul style="list-style-type: none"> • Basic Care • Dementia Care • Chronic Physical Care • Frail Elderly • Respite Care-Intermittent (as beds available) • Palliative Care • Intravenous Services • Oxygen Therapy • Education - resident

Education

Clinical Affiliations with University of Calgary, Faculty of Nursing
Bow Valley College,
Mount Royal College

Recreation Therapy Students, Nursing Students.

Future

Focused Conference for Educational Learning

Research

University of Calgary, Faculty of Nursing, *An Evaluation of the Benefits of Music Therapy for Residents*. Complete 2000.

Future

Research Rounds-Interdisciplinary
Clinical Rounds – 1st year

Partnerships

Alberta Government
Calgary Regional Health Authority-Acute Care and Community
Alberta Long Term Care Association
Educational Institutions
Community Groups-Seniors, Non-Profit, Calgary Rocky View Child & Family Services
Organizations-Personal Care Homes, Care Centres, Community Health Centres, Kerby
Centre

Bethany Care Society

Supporting Seniors Aging in Place

Wellness Coordinator

The Wellness Coordinator shall be responsible for coordination and delivery of wellness and home support services, to enhance community and quality of life of seniors.

The current project covers four apartments located in the South East. The project began in October 2000 in partnership with Calgary Health Region Home Care. The project runs as a pilot for two years with an evaluation to follow.

Duties shall include:

- Answering questions from seniors concerning their health.
- Providing assessments on healthy living.
- Holding regular Wellness Clinics.
- Assisting with contacting or linking seniors with community resources.
- Advocating and negotiating the health and community resource system for seniors.

Source: Nancy Connors, Wellness Coordinator, March 2000

Elder Friendly Communities Project

June 2001

The goal of the **Elder Friendly Communities Project**, funded jointly by the Calgary Regional Health Authority, the City of Calgary, and the University of Calgary, Faculty of Social Work, is to assist senior citizens to remain active in the communities where they reside.

Five Calgary communities were selected to be surveyed, namely, Varsity, Acadia, Haysboro, Marlborough and Marlborough Park.

Discussions are being held with senior citizens, family caregivers, and service providers with respect to their experiences with services for seniors, including health care, transportation, recreation, grocery shopping, and social services. Opinions are being sought from these individuals on how services for seniors can be improved or revised. Based upon the recommendations provided by seniors, family members, community experts and leaders, and others, the **Elder Friendly Communities Project** team will be working with seniors from the above communities, planning and implementing interventions that will be evaluated at a systems level. In the future, these demonstration models could be adopted and offered in many other communities throughout Calgary.

The partnership has also recently expanded to include Calgary Family Services and the University of Calgary, Faculty of Medicine, as well as the Department of Community Health Services.

Source: Debra Hartley, Cover letter of the Executive Summary for the Final Report of the Elder Friendly Communities Project. June 26, 2001.

South West Community Coordinating Council

In 1994, in response to community consultations, the Alberta Government began redesigning the way it served children and families. Currently, the provincial ministry of Children's Services has 18 regions that provide regional services. The Calgary Rocky View Child & Family Services (CRVCFS) Authority Board governs the Calgary region. The Service Plan for the operations of CRVCFS includes three parts: Community Coordinating Councils (CCC), Community Resource Centres (CRCs), and Multi-Service Teams (MSTs). CRVCFS is engaged in community development and social planning, through working with communities to develop Community Coordinating Councils and Community Resource Centres.

Current work is underway to ensure Service Areas in the Calgary region have at least one CCC-CRC-MST partnership. CCC's are to provide communities a voice in identifying their communities' issues and working with local service providers to find ways to address these issues.

A Planning Group has been meeting to recruit for a South West CCC. The South West Community Coordinating Council will represent the communities North of Fish Creek, South of Glenmore Reservoir, South of 50th Avenue, West of MacLeod Trail, with the inclusion of Acadia and Fairview. The South West CCC will be responsible to advise the operation of a Community Resource Centre.

Once membership to the CCC is complete, the first task will be to apply to the regional authority of Children's Services, Calgary Rocky View Child & Family Services (CRVCFS), for approval. Target date for the South West CCC is June 2001. Following the approval process, a community survey will be developed and implemented, with planning to follow. Members of the Planning Group hope to have a location for the new Community Resource Centre by September 2001.

Source: Ellen Perrault, "Do you want to make a difference in your community?" December 6, 2000.

Seniors Attending Wellness Program – Seniors’ Resource Nurse

Calgary Health Region
Healthy Communities

Senior Profile

Seniors Subsidized Housing	Total	Number at Wellness Site
Austin Nixon Manor	44	15
Francis Klein Centre	112	26
Luther Place	30	0 (5 home visits)
Seniors Private Housing		
Mayfair Place	60-65% seniors	
Medicon Complex	New facility	

Source: Jan Slater, Senior Resource Nurse, Haysboro Community Health Centre, and representing the geographical area of the project, provided data reflective of seniors in the area.

Seniors Registered to Receive Home Care

(Acadia, Chinook Park, Fairview, Haysboro, Kelvin Grove, Southwood, Willow Park)

Total # of Seniors Registered March 13, 2001 to receive Home Care Services for geographical area	Male	Female
519	185 (or 36%)	334 (or 64%)

Community	# of Seniors Registered to Receive Home Care Services	Percentage of total Registered Seniors
Acadia	116	22%
Chinook Park	18	4%
Fairview	42	8%
Haysboro	83	16%
Kelvin Grove	42	8%
Southwood	170	33%
Willow Park	48	9%

RIT Score	Number of Scores	Range	Average
	257	4 - 38	16

Source: Calgary Health Region Home Care, March 13, 2001

Seniors in the Community Living Alone

Research indicates seniors who live alone may face greater social, economic and health risks due to potentially fewer family supports. In addition, seniors living alone with higher incidence of disability or frailty, may have greater difficulty accessing essential services.

- In 1996, 44% of unattached seniors in Canada had incomes below the LICO (Low Income Cutoff), 37.5% in Alberta, and 51% in Calgary (Statistics Canada, 1996).
- In 1996, 18,055 seniors or 28% of all seniors in Calgary lived alone.
- In 1996, 107 seniors, on average, lived alone per community district in Calgary (Range 0 to 665 in communities)
- Communities with a large number of seniors living alone were located in the inner-city.

Source: Indices of Community Well-Being For Calgary Community Districts, City of Calgary, Community Strategies Unit, Policy and Planning, Fall 2000.

Table (a). Communities in Calgary With Largest Number of Seniors Living Alone, 1996

Community	Persons Aged 65+	No. of Seniors Living Alone	
		Number	Rank
Connaught	1,205	665	1
Varsity	1,830	615	2
Downtown - Commercial	740	515	3
Acadia**	1,370	475	4
Bowness	1,140	450	5
Victoria Park	505	395	6
Downtown - East Village	455	380	7
Bridgeland	635	345	8
Killarney	845	340	9
Haysboro**	1,175	340	9
Thornccliffe	1,225	335	11
Palliser	770	310	12
Windsor Park	650	310	12
West Hillhurst	790	305	14
Tuxedo	705	295	15
Mission	540	290	16
Kingsland**	655	290	16
Glamorgan	945	285	18
Chinatown	605	285	18
Dover	680	245	20
Triwood	1,165	245	20

Source: Statistics Canada. Census 1996.

**Communities involved in the Intercare Southwood Care Centre Community Consultation Project

Table (b) Communities Surrounding Intercare Southwood Care Centre with Seniors Living alone

Community	Persons Aged 65+	No. of Seniors Living Alone	
		Rank	Number
Acadia	1,370	4	475
Eagle Ridge	60	135	10
Fairview	540	62	105
Haysboro	1,175	9	340
Kingsland	655	16	290
Southwood	560	34	160
Willow Park	740	42	135
CALGARY	63,785		18,055
AVERAGE	380		107.5

Source: Statistics Canada. Census of Canada, 1996.
 Indices of Community Well-Being for Calgary Community Districts, City of Calgary, Community +Strategies Unit, Fall 2000.